

Vaughn's Gap Course – Women's 6 km



Women's Course

(6 km or approx. 3.7 miles)

- 0-1 miles (1)
- 1-2 miles (2)
- - - - - 2-3 miles (3)
- 3-Finish (4)

Parking Lot

Bridge

Cut-off Z

Bridge

Women's 6 km Course

(6 km or approx. 3.7 miles)

- 1st Mile (S) – A – B – C – D – E
- 2nd Mile F – X – H – Z – E – F – X
- - - - - 3rd Mile H – I – J – D
- To Finish E – F – X – H – (F)



TREVCCA
NAZARENE UNIVERSITY

Vaughn's Gap Course – Men's 8 km



Men's Course

(8 km or approx. 5 miles)

- 0-1 miles (1)
- 1-2 miles (2)
- - - 2-3 miles (3)
- 3-4 miles (4)
- 4-Finish (5)

Parking Lot

Bridge

Bridge

Cut-off

Men's Course

(8 km or approx. 5 miles)

- 1st Mile (S) – A – B – C – D – E
- 2nd Mile F – G – H – I
- - - 3rd Mile J – C – B – E – F – G
- 4th Mile G – H – I – J – C
- 5th Mile C – B – E – F – X – H – (F)



TREVCCA
NAZARENE UNIVERSITY